

The Sudanese America Association of Central Florida 1st Sudanese Camp

Friday, February 11th - Sunday, February 13th, 2022 Florida Elks Youth Camp 24175 SE Hwy 450, Umatilla, FL 32784

Clothing recommendation for young ones

- Underwear (enough for each day plus at least one extra)
- Socks (enough for each day plus at least one extra)
- ❖ T-shirts for each day (we will have the SAAOCFL for the 2nd day and group pics)
- Long pants (yoga, sweats, jeans)
- * Raincoat or poncho
- Bandana/hijab or hat
- ❖ Pajamas (one pair)
- ❖ Sturdy walking shoes that are closed-toed and have support
- ❖ Weather should be nice Insha'Allah, but dress in layers so you can add or remove depending on how you feel.

Equipment

- ❖ Light backpack or string bag for carrying items around camp
- Sleeping bag or twin-sized sheets and blankets
- ❖ Fitted sheet (if you like)
- Pillow and pillowcase

Toiletries and Key Items

- First aid kit per family
- Medications, if applicable
- Deodorant
- **❖** Insect repellent
- Lip balm or Chapstick
- ❖ Shampoo/body wash 2 in 1
- * Towels, washcloth, and hand towel
- Toothpaste and toothbrush
- Comb or brush
- Sunscreen (SPF 15 or higher)
- Flashlight with extra batteries
- ❖ Shower shoes or flip-flops

Optional Items

- **❖** Water bottle
- Books to read
- Camera
- * Facial Tissue
- Lotion
- Notebook/journal and pencil or pen to document your memories
- ❖ Board game, balls, jump rope, games, etc